

Art to Wear with heart



Date Tuesday, 14 April, 2015

Time 9am to 4pm

Venue: The Mill Gallery, Yeppoon

Details

Learn techniques to create an original Art to Wear garment.

Bring along unworn natural-fibre clothing from your wardrobe (or op shop) and the textile art materials you wish to incorporate. Also bring sewing machine (if you have one) and sewing kit of scissors, pins, elastic, buttons, etc

You can then choose to either:

1. **ReFashion** - chop, change, restyle existing garments (bring 3 cast-offs to consider) and embellish with your art
2. **Make a history skirt or shift** - fillet clothes (bring 3-5 of similar colour tone/fabric weight) and restitch into wearable art with a story to tell

At no time in history has clothing been so cheap and plentiful. This has led to a culture of waste and a sense that fashion is disposable. The greenest clothes are those that already exist. When we upcycle what we have instead of buying more, we reduce our fashion footprint.

This Art to Wear session is part of a series showing how to use simple sewing skills and creativity to refashion old garments into original 'new' outfits. You can choose to enter your outfit into the 2015 Spruiker Hire Art to Wear Awards later in the year.

Benefits of upcycling

- Learn skills of upcycling and resewing
- Feel empowered by original, affordable choices
- See how to adapt clothes to suit your shape
- Discover your creativity and unique style
- Be productive and improve wellbeing
- Reduce clothing and textile waste

Bookings

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Facilitator

Jane Milburn from Textile Beat
upcycler and natural fibre champion
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